

Alternative Medicine: Glyphosate (Roundup) and Cardiovascular Disease

By Dr. Michael John Badanek, BS, DC, CNS, CTPP, DACBN, DCBCN, MSGR./CHEV

Glyphosate is a worldwide commonly used herbicide and is the primary toxic chemical in Roundup™, as well as in many other herbicides.

Growing number of clinical studies have discovered glyphosate exposure to be a cause of many chronic health problems including heart disease.

It can enter the body by direct absorption through the skin, by eating foods treated with glyphosate, or by drinking water contaminated with glyphosate.

Some studies have shown cardiac electrophysiological changes associated to glyphosate.

Glyphosate exposure has been implicated as the potential cause of diffuse electrophysiological depolarization and repolarization conduction abnormalities, including prolonged QTc, intraventricular block, and AV conduction delay. These changes can lead to the development of life-threatening arrhythmias.

Some studies suggests that glyphosate has atherogenic potential, regardless of the concentration and route of exposure. It is recommended to considered testing your patients suffering cardiovascular challenges for glyphosate exposure.



Treatment:

There are several things you can do to minimize — and even eliminate — glyphosate contamination

The most effective way to reduce glyphosate exposure is to avoid living in areas where glyphosate is applied and to avoid eating GMO foods or animal products such as milk or meat for which GMO foods were used to feed the animals.

The following should also be included in your glyphosate detox protocol:

1. Citrus pectin
2. Alginates (purified from kelp)
3. Glycine
4. Gingko biloba
5. Organic Iceland kelp
6. Probiotics and prebiotics
7. Infrared sauna

Dr. Badanek has been and currently is 41 years into active/private practice in the Ocala/Marion County, Florida region. Dr. Badanek practices Natural/Holistic Medicine through the use of Functional/Integrative Models for diagnostic and treatment protocols for the health challenged. Find him online at Dr.Badanek.com and www.alternativewholistic.com, and see what the facility has to offer the sick and health challenged. To schedule an appointment call 352-622-1151