

## **Alternative Health : This Cat Parasite May Cause Anxiety and Autism**

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The toxoplasma gondii parasite commonly associated with cats has been linked to generalized anxiety disorder and autism.

The Toxoplasma gondii's eggs are present in cat feces, and one of the most common way people are infected with Toxoplasma gondii is through contact with an infected cat.

A study published in the journal Brain, Behavior, and Immunity found that 500 participants with anxiety disorders had a past Toxoplasma gondii infection. The researchers found that a past Toxoplasma gondii infection was linked to generalized anxiety disorder.

The authors concluded that these findings suggest that Toxoplasma gondii infection is "strongly and significantly" associated with GAD [generalized anxiety disorder]

As for autism there is a body of evidence that the parasite, Toxoplasma gondii may in fact be an underlining cause of autism and be worth ruling out.

In the medical journal, Microbial Pathogenesis, a study from 2020 showed that toxoplasmosis plays an important role as a risk factor for autism.

Dr. Badanek has been and currently is 41 years into active/private practice in the Ocala/Marion County, Florida region. Dr. Badanek practices Natural/Holistic Medicine through the use of Functional/Integrative Models for diagnostic and treatment protocols for the health challenged. Find him online at [Dr.Badanek.com](http://Dr.Badanek.com) and [www.alternativewholistic.com](http://www.alternativewholistic.com), and see what the facility has to offer the sick and health challenged. To schedule an appointment call 352-622-1151

