

## Alternative Healthcare: Has Your Doctor Recommended this "Life-Saving" Vitamin with Coumadin?

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If you or a loved one has been prescribed the blood thinner Coumadin (warfarin), and have not had your vitamin K level measured and adjusted for your prothrombin time, you are not receiving the best and most advanced cardiovascular treatment.

Most people are unaware of the fact that coumadin pulls calcium out of bones and dumps it right into the coronary arteries and heart valves.

Worse, taking Coumadin guarantees you will need a stent, bypass surgery or a heart valve replacement sooner than you would if you were not taking this medication.

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And to add insult to injury, it causes high blood pressure, leads to osteoporosis, easy hip fractures, joint replacements, and much more.

But scientific research shows that the right amount of a non-synthetic vitamin K can stop this from happening. And it does so with-out damaging the coagulation time.

With the above information deeply ingrained in your conscious, you want to be absolutely sure your cardiologist checks your level of vitamin K as well as adjust the dose he gives you to the prothrombin time.

But there's an even more urgent reason why you are being grossly cheated if your cardiologist does not have you on the proper dose of vitamin K.

The reason?

Vitamin K2 actually can reverse the damage of aging. It rips calcium off the coronaries and calcified heart valves. It causes regression or melting away of coronary plaque, something no other medicines like the statins (like Lipitor, Vy-torin, Crestor, etc.) can claim.

My suggestion?

If your cardiologist does not already have you on Vitamin K2, but has prescribed Coumadin, you want to insist on the right treatment.

**Dr. Badanek has been and currently is 40 years into active/private practice in the Ocala/Marion County, Florida region. Dr. Badanek practices Natural/Holistic Medicine through the use of Functional/Integrative Models for diagnostic and treatment protocols for the health challenged. Find him online at [Dr.Badanek.com](http://Dr.Badanek.com) and [www.alternativewholistic.com](http://www.alternativewholistic.com), and see what the facility has to offer the sick and health challenged. To schedule an appointment call 352-622-1151**