

## **NATURAL MEDICINE ON THE ADVANCED EVOLUTION METHODS OF IDENTIFYING THE SILENT BUG AND HEART DISEASE:**

**By Dr. Michael John Badanek, BS, DC, CNS, CTPP, DACBN, DCBCN, MSGR./CHEV**

How secure should you feel if your doctor tells you that your cholesterol levels are normal yet you are concerned of cardiovascular disease?

Are you immune to heart disease just because you have been informed you have normal cholesterol levels, ABSOLUTELY NOT!

You should know that cholesterol is not the culprit we have all been led to believe, and a matter of fact cholesterol is your friend NOT your foe.

### **REMEMBER, HALF THE FOLKS WHO DIE OF A HEART ATTACK NEVER HAD HIGH CHOLESTEROL**

There are other more important markers to consider if you want to know your risk of getting a heart attack or stroke.

Again, remember correcting elevated cholesterol does not guarantee immunity from a heart attack.

Today, I want you to learn one unappreciated cause of silent coronary artery disease.

This silent cause is from bacteria called Chlamydia.

In fact, 4 out of 5 coronary artery plaques examined contain antibodies to this bug.

Chlamydia is a bacterial pathogen that will eat away at your coronary arteries.

Tests like C-Reactive Protein (CRPs) and fibrinogen are fasting insulin levels of raging inflammation or hidden infection, signaling the need to check for, among other things, Chlamydia.

I also recommend you ruling out Chlamydia in the event you have a high calcium score.

You may be wondering how do you get Chlamydia?

This bug is a common cause of colds, flues, or bronchitis, and we've all had these.

But for some folks this is not the end of the story, for the coronary plaque can emerge decades after a common cold.

Again, if you have one coronary artery plaque found from a Heart Scan (calcium score), elevated hsCRP and/or fibrinogen, your next step is to get the antibody test to Chlamydia pneumoniae.

The problem is not many doctors including cardiologists are familiar with Chlamydia as a diagnosable and treatable cause of coronary artery plaque.

Our office can help you in the testing and treatment for Chlamydia.

Once you have the knowledge and objective evidence that your body harbors Chlamydia pneumoniae, we (you) can take aggressive action to eliminate this bacteria and address the underlying issues caused by Chlamydia.

**Dr. Badanek has been and currently is 37 years into active/private practice in the Ocala/Marion County, Florida region. Dr. Badanek practices Natural/Holistic Medicine through the use of Functional/Integrative Models for diagnostic and treatment protocols for the health challenged. Find him online at Dr.Badanek.com and www.alternativewholistic.com, and see what the facility has to offer the sick and health challenged. To schedule an appointment call 352-622-1151**