Natural Medicine's Point of View: Reverse Color Blindness

By Dr. Michael John Badanek, BS, DC, CNS, CTTP, DACBN, DCBCN, MSGR./CHEV

What do hair dressers, artists, fashion industry folks, designers, construction workers, painters and other similar occupations have in common?

They all depend on color discrimination for their work.

Statistically, 8% of the US population suffers from color blindness.

Unfortunately, the onset of color blindness is a slow process and many folks often don't even know they have lost it.

Researchers have discovered that many environmental toxins make color discrimination fade with time.

Chief among the toxins linked to color blindness include TCE, PCE (tetracholoethylene and perchloroethylene). These are more commonly known as dry cleaning fluids.

These toxins are very common solvents in many industries.

Other toxins can induce color blindness like mercury or phthalates from food packaging, nail polish, plastic water bottles, etc.

In addition to color blindness they may also be the cause of other symptoms like brain fog, dwindling memory and poor attention.

The bottom line is you need to detoxify.

The takeaway is color blindness can be considered an early sign of toxic exposure.

I recommend finding a functional medicine practitioner skilled in the proper application and administration of detoxification. Don't make the mistake of using one of those over-the-counter detox formulas.

It is best to have someone trained in functional medicine who has a thorough understanding of the proper clinical strategies to detoxify.

Dr. Badanek has been and currently is 40 years into active/private practice in the Ocala/Marion County, Florida region. Dr. Badanek practices Natural/Holistic Medicine through the use of Functional/Integrative Models for diagnostic and treatment protocols for the health challenged. Find him online at Dr.Badanek.com and www.alternativewholistic.com, and see what the facility has to offer the sick and health challenged. To schedule an appointment call 352-622-1151